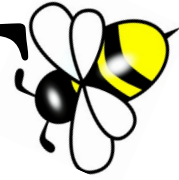




AUGUST



2026



August 2

10th Sunday after Pentecost

Setting 6, With One Voice (WOV)

Pastor Tom Inch

Assisting: Stephanie Quackenbush

Musician: Deedee Schroeder

A/V: Mike Cowen

August 9

11th Sunday after Pentecost

Setting 6, WOV

Pastor Arianna Arends

Assisting: Solveig Pedersen

Musician: Angela Rapp

A/V: Craig Coles

August 16

12th Sunday after Pentecost

Setting 6, WOV

Pastor Arianna Arends

Assisting: Jennifer Coles

Pianist: Deedee Schroeder

A/V: Bill Sebright

August 23

13th Sunday after Pentecost

Setting 6, WOV

Pastor Arianna Arends

Assisting: Beverly Schoen

Musician: Angela Rapp

A/V: Mike Cowen

August 30

14th Sunday after Pentecost

Setting 6, With One Voice

Pastor Arianna Arends

Assisting: Jenna Wittenberg

Pianist: Angela Rapp

A/V: Deron Schroeder



ZION LUTHERAN CHURCH of Deer Park NEWSLETTER

August 23rd Church Picnic

After worship in the Fellowship Hall (or maybe even in the nice, cool basement!)

BBQ hamburgers and Potluck

(Bring a salad or dessert to share)

Perhaps we can have some fun with water games or even a slip and slide?



Welcome Home Campers!

If you get a chance to talk with one of these younger folks, ask them about their time at Camp Lutherhaven!



From left to right—
Sawyer Gibson, Josie Schroeder, Marjorie Hogue, Mollie Hogue and Lillie Gibson.



God of compassion, your Son Jesus Christ, the great physician, made the broken whole and healed the sick. Touch our wounds, relieve our hurts and restore to us wholeness of life, through the same Jesus Christ, our Savior and Lord. Amen.

PLEASE REMEMBER IN PRAYER:

Shawn Pintler and Family Rex & Sharron Schimke

Darcy

Debbie Austin

Delores Hutchinson

Cheryl Olson

Gloria Loeffler

Dianne Greene

Bill and Pat Coats

Marty Kennard

Barbara

Walter Littrel

Elaina Henon

Jan

Nancy Torbett

Howard Cowen

Betty Mortenson

Peggy

Molly

Claire Kennard

Andrea

PROTECTION FOR:

All those serving in the military. Especially we remember : Adam Holbein, Don Grant, A. Clark, Aaron Shroyer, Donovan Douglas, Conner Markham, and Emerson Schroeder. All those in detention and their families. All those fleeing and fighting wars and fires around the world.

QUILTING

August 10th
10:00am – 12:00pm

All are welcome to join
this fun and friendly
group.



CHURCH CLEANING

The church council has reached out to a local company to see about paying someone to come and clean the church buildings (vacuum and mop floors, clean bathrooms, wash windows) but alas, they were out of our budget. So we turn to our church family for help.

Would you be willing to come clean once or twice a month? If we could get 3 or 4 folks to commit to one day a month (once a week, as it were) to do some of the more intentional cleaning, it would save the church almost \$500 a month and help keep our community happy and healthy!

Cleaning supplies are provided by the church and can be purchased if there's something particular you like to use. Just let Debbie know! Thanks

August Bible Readings



Sunday, August 2

10th Sunday after Pentecost

Readings: Isaiah 55:1-5,
Psalm 145:8-9, 14-21
Romans 9:1-5,
Matthew 14:13-21

Sunday, August 9

11th Sunday after Pentecost

Readings: 1 Kings 19:9-18
Psalm 85:8-13
Romans 10:5-15
Matthew 14:22-33

Sunday, August 16

12th Sunday after Pentecost

Readings: Isaiah 56:1, 6-8
Psalm 67
Romans 11:1-2a, 29-32
Matthew 15:21-28

Sunday, August 23

13th Sunday after Pentecost

Readings: Isaiah 51:1-6
Psalm 138
Romans 12:1-8
Matthew 16:13-20

Sunday, August 30

14th Sunday after Pentecost

Readings: Jeremiah 15:15-21
Psalm 26:1-8
Romans 12:9-21
Matthew 16:21-28

We pray:

God of earth and air, water and fire, height and depth, we pray for those who work in danger, who rush in to bring hope and help and comfort when others flee to safety, whose mission is to seek and save, serve and protect, and whose presence embodies the protection of the Good Shepherd. Give them caution and concern for one another, so that in safety they may



do what must be done, under your watchful eye. Support them in their courage and dedication that they may continue to save lives, ease pain, and mend the torn fabric of lives and social order; through Jesus Christ our Lord. Amen.



1-Annie Sebright
4-Charlie Schroeder
4-Donna Zabel
8-Megan Markley
14-Carmen Kiewert
20-Annika Wittenberg
25-Josie Schroeder
26-Parilee Danneels
26-Pat Coats
27-Roberta Schroeder
28-Autumn Hauer
29-Jada Pilgrim
29-Dan Gile
31-Jenna Wittenberg

NEW CHURCH DIRECTORY

At last our new church directory is ready for pre-order for the low low price of just **\$10 each** to help offset the cost of printing.

If you would like one (or two or three) place your money in the offering plate and label it "Directory" and be sure to include your name. **Or** hand your money to Jessica or Miriam, **or** you can use PayPal! Just be sure to designate it for the Directory, and include your name!



August 7

Linda and Alan Helm

August 10

Verlie and Bill Thompson

August 21

Stephanie and Scot Littrel

August 24

Annette and Dale Helm



Dear Zion,

As I contemplate the gift of two weeks vacation, my church-nerd brain turns to the idea of sabbath. This is our version of the Hebrew word “shabbat” – a day of rest commanded by God.

But in looking more closely at my own practice of sabbath it's really just surface level. My sabbath day, because of my pastor role, isn't the 'usual' Sunday, but I have Fridays set aside as my day off of work. But that day very quickly fills with errands, doctor appointments, housework, quality time with family and maybe a British comedy or documentary on TV. My so-called sabbath day is packed with activity. My “day off” from church is actually a “day on” at home.

Clearly sabbath means more than time away from our places of employment. So what was the primary intent for sabbath?

What does this mean for us today? Is sabbath for prayer? Should sabbath time be reserved only for God? Self? Family? All of the above? Or is sabbath something else altogether?

One story of creation states that God made the seventh day sacred: **God blessed the seventh day and hallowed it, because on it God rested from all the work that he had done in creation** (Genesis 2:3). In Exodus, the keeping of Sabbath is directly tied to work. **“For six days you shall labor and do your work, but the seventh day is a Sabbath to the Lord your God, and you shall not do any work** (Exodus 20:9).” God’s people are called to a seventh day of rest, as God rested from creation on the seventh day.

As Lutheran Christians many of us were taught through Luther’s Small Catechism to keep the Sabbath holy by fearing and loving God, **“...so that we do not despise preaching or His Word but hold it sacred and gladly hear and learn it.”** According to Luther, the Sabbath was less about rest and more about attending public worship and making use of God’s Word and Sacraments. Participating in public worship is important. Taking a day for rest is also important.

Jesus tells us, **“The sabbath was made for humankind, and not humankind for the sabbath”** (Mark 2:27). Therefore, by Gospel definition, sabbath practices may vary from person to person. In fact, individuals may need different sabbath rituals for different times or situations in their lives.

Angela T. !Khabeb writes in Living Lutheran magazine, “There are times when I need sabbath *from* and times when I need sabbath *to*. Some of us need sabbath *from* negativity—news media, negative self-talk, toxic relationships, etc. Sometimes I need sabbath *from* the expectations of others, to have all the answers or to be the perfect wife, mother, pastor, etc. And we need sabbath *to*—sabbath to rest, to dream, to play, to write, to simply be.” (www.livinglutheran.org/voices-of-faith/sabbath-ground)

Rabbi Abraham Joshua Heschel, a prominent Jewish theologian, often said that the meaning of the sabbath is to celebrate time rather than space. He also described the sabbath as “a sanctuary in time.” Sabbath is the intentional time of rest, of saying no to the constant demands for our attention, of focusing instead on the sacred roots of our life in the Creator. Sabbath days of 24 hours sound ideal. But 2 minutes, 20 minutes, 2 hours can also be life giving, wherever and however you find them in your week. May you find the gift of rest and focus in sabbath this month.

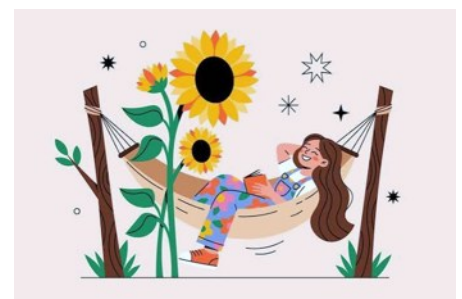
Yours in Christ, Pastor Arianna Arends

More resources for study on Sabbath:

Sabbath as Resistance: Saying NO to the Culture of NOW by Dr. Walter Brueggemann

The Sabbath by Rabbi Abraham Joshua Heschel (a classic)

Sabbath: Finding Rest, Renewal, and Delight in Our Busy Lives by Wayne Muller.



MISSION SUPPORT: WHAT DOES MY OFFERING DO?

As Lutherans, we experience the difference God's grace and love in Christ make for all people and creation. This is why, when we gather each week for worship, many of us give generously, knowing this provides for more people to know the way of Jesus. When you share your offering, most of it stays in your congregation to support vital ministry. ELCA members give about \$1.6 billion annually in regular offerings to ELCA congregations and worshipping communities. Because we are a connected church, a portion — about 5% on average — becomes Mission Support, shared by your congregation with your synod. Through Mission Support, we share in ministry around the country and across the globe, doing more together than any one person or congregation could do alone. Connected in this way, we experience Christ, seeking community, justice and love.



Your MISSION SUPPORT funds a variety of churchwide ministries. 36% ESTABLISHES AND GROWS CHRISTIAN COMMUNITIES that disciple individuals and form leaders.

Together we:

- Plant and support hundreds of worshipping communities.
- Revitalize congregational ministries and reach out to their surrounding communities.
- Promote leadership opportunities, discernment and education through leadership initiatives.
- Support the work of seven ELCA seminaries and 28 ELCA colleges and universities.
- Host events and leadership opportunities for youth and young adults.
- Support regional work through directors for evangelical mission as well as candidacy and leadership managers.
- Prepare and implement a system for recruiting and assigning rostered ministers.



25% ACCOMPANIES LUTHERANS AROUND THE WORLD and promotes efforts to call and act for justice.

Together we:

- Accompany new Lutheran churches, expand ministries and train leaders and evangelists.
- Send missionaries to accompany communities around the world.
- Address social inequities and work for justice.
- Cultivate and maintain relationships with 153 other churches through the Lutheran World Federation to strengthen the church and its global work.
- Foster relationships between ELCA synods and 65 companion churches, for a total of 127 official relationships.
- Work with leaders and members of our African-descent, American Indian, Alaska Native, Arab, Middle Eastern, Asian, Pacific Islander and Latiné communities.



39% STRENGTHENS AND SUSTAINS THE MINISTRY and MISSION of the whole church.

Together we:

- Offer ministry resources and opportunities to lay leaders for networking.
- Coordinate and support churchwide ministries.
- Engage in research and strategic planning.
- Develop social messages of the ELCA as topical documents — called for by ELCA churchwide assemblies and adopted by the ELCA Church Council — to focus attention and action on timely, pressing matters of concern to the church and society.
- Provide governance, including maintenance of rostered leadership records and support for the ELCA Church Council and triennial ELCA churchwide assemblies.
- Sustain ecumenical and interfaith relations.
- Partner with congregations and ministries across the church as they explore new, innovative ways of being church in a constantly changing world.
- Invest in technology and communications.
- Grow and sustain financial resources.
- Create and share resources for faith, discipleship, prayer, stewardship and worship



Zion Lutheran Church
218 E. Crawford
PO Box 1392
Deer Park, WA 99006
Return Service Requested



Our Staff

Pastor:

Pastor Arianna Arends: (509) 954-5886
pastorarianna@gmail.com

Musicians:

Deedee Schroeder, Angela Rapp, Jenna Wittenberg
& Debbie Spray

Office Administrator:

Debbie Spray (509) 276-2954, (509) 951-4230

Treasurer: Jessica Schroeder

Contact Information

Church Phone Number: (509) 276-2954

Church email: zlcnewsletter@gmail.com

Newsletter email: zlcnewsletter@gmail.com

Prayer Chain Requests:

Roberta Schroeder (509) 276-2343 or
zlcnewsletter@gmail.com

Synod Website: <https://nwimsynod.org>

Sunday Worship Schedule

10:00 am—Worship & Communion

In-person and Live on Facebook

FB— Zion Lutheran Deer Park

11:00 am—Fellowship

Our Church Council

Jim Rausch, Deron Schroeder, Charlene Littrel,
Miriam Bennett, Becky Kennard, and Craig Coles

Our Pastor

Pastor Arianna Arends
(509) 954-5886 pastorarianna@gmail.com